



The COMMUNITY News

Community Unitarian Universalist Church of Plano

OUR VISION: We will become a dynamic and nurturing religious community that celebrates our human diversity, supports lifelong spiritual growth, and acts for compassion and justice in the larger community.

January 2011

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Website:
**CommunityUU
Church.org**

Editor: Ian Rule
webguru@communityuuchurch.org

Typical Sunday

- **9:15 a.m.**
Inquirer's Class
(1st Sunday of each month)
- **10:30 - 11:45 a.m.**
Worship
Religious Education for Children and Youth;
Nursery Childcare
- **11:45 a.m.**
Coffee and Conversation

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**CHURCH OFFICE
CLOSED
JANUARY 18TH**

A holiday message from UUA President Rev. Peter Morales.

Dear friends:

Our holiday rituals and traditions evoke memories—memories that link us to friends, to family, to our cultures of origin, to our most profound sense of who we are. My early memories from growing up in San Antonio include church Christmas pageants and huge multi-generational parties with extended family. The dominant culture's snowy images of a white Christmas, winter wonderlands, ice skating and Ebenezer Scrooge in London seemed odd to a child growing up in south Texas. My church always had an outdoor live nativity scene and sometimes it was chilly enough to require a light jacket under my shepherd's costume. Since my youth I have spent the holidays in many parts of the United States and even in foreign countries. (There is nothing quite like seeing Santa, reindeer, and fake snow in Thailand!) But regardless of religious background or culture, for those of us who have grown up with an end-of-year holiday tradition, the emotional tug is always there. Traditions and rituals touch something very deep. The stories we hear and repeat become an essential part of our story. They remind us of our need for one another, of the importance of compassion, of the centrality of hope, of our deep longing for peace. One of the old traditions practiced in the San Antonio of my youth and across the Southwest is the Mexican custom of "Las Posadas." In Spanish a "posada" is a place of lodging, a resting place, a place of shelter on a journey. This tradition, based on the biblical account of Mary and Joseph having to stay in a stable because there was no room in the inn, has special resonance for us today. The practice of Las Posadas began almost 500 years ago in colonial Mexico. A small group of people, some dressed as Mary and Joseph and carrying candles to light the way, go from house to house and sing songs asking for shelter. At each house they are turned away until, finally, someone lets them in. All of this is prearranged, of course. Then, in a true expression of Mexican culture, the people celebrate with music, dancing, lots of food, and a piñata. In some villages and neighborhoods, there is a different procession and a different stopping point each night for nine days, beginning Dec. 16 and ending Christmas Eve. This year—a year in which our nation is torn by anti-immigrant sentiment, a year in which I found myself protesting and even being arrested and jailed for opposing what I believe are racist anti-immigrant laws—the religious lessons of Las Posadas are even more striking. In a year that saw a record number of migrants die in our deserts, a story about helpless people being turned away profoundly touches my heart.

(continued on page 2)

January Sunday Services

January 2, 2011 - Unitarian Views of the Afterlife --- Elena Westbrook, guest speaker.

January 9, 2011 - Progressive Christian Theology --- Rev. Ray Flachmeier, guest speaker.

January 16, 2011 - Rebuilding Faith in New Orleans --- guest speaker, Dick Hildenbrand and the CUUC New Orleans "missionaries"

January 23, 2011 - Chinese New Year (multigenerational service) -- guest speaker, Rev. Pam Wat

January 30, 2011 - The Spiritual Gifts of Leadership -- guest speakers, Dawn Graham and Celeste Kennedy

Staff

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Board of Trustees

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Strategic Planning Committee

planning@CommunityUUChurch.org

Patrick's Sabbatical Ponderings

Well, here we are beginning not only a new month, but a new year at the beginning of the second decade of the 21st century. Gee, when I put it like that it sounds like I have more time for things than I probably do, since I am also past the half way through my four month sabbatical.

I hope you had a great holiday season. My December was fast and busy with a wintry two week road trip through Oklahoma, Missouri, and Ohio and states in between. In Tulsa, I attended a training at All Souls UU Church for marriage preparation and enrichment program.

In Columbia, MO I provided an evangelism and outreach consultation for the UU Church of Columbia. They are the place I first encountered UUism and they have much untapped potential as a liberal religious presence in central Missouri. I also visited some of my old haunts from my undergraduate days including the place where old dormitory was and is now being built on by the ever expanding university hospital. Such is progress at times.

My third destination was the spiritual retreat of Dragon Waters, and the home of my friends and teachers, Bekki Shining Bearheart and Crow Swimsaway. (<http://www.church-of-earth-healing.org/>) I have known and studied with them for over twenty years and cherished the time spent with them just relaxing, eating Crow's great cooking, hanging out around Athens OH and doing some restorative journey work.

My stay was cut a day short by the need to get home in the teeth of the winter storm that was coming down. Fortunately I found a good route and with luck got through the worst of the storm. I filled my quota of winter driving for the year around Nashville on my first day of travel.

I was good and glad to be home with my wife and son again. I missed them very much and really appreciated Jen's parenting alone while I was away. It is also amazing how much a two year old can grow and develop in just two weeks. Christmas with my extended family in Ft. Worth was great with lots of wee babies running around and expected by various nieces and nephews.

My great thanks to Kathy Smith and Ernest for their help to Jennifer while I was away, and my thanks to all of you for your support of my sabbatical. I look forward to sharing with you again soon. Blessings and a Happy New Year. Patrick

A holiday message from UUA President Rev. Peter Morales. (continued from front page)

More importantly, like all good traditions, the lessons of Las Posadas go far beyond public policy debates. Each one of us, at some time in our lives, has been Mary or Joseph. Think of a time you needed shelter-physical or, more likely, emotional. Think of a time you needed compassion, needed someone simply to take you in and give you a place that was safe. Recall, too, all the times you have been the person who turned away "Mary" or "Joseph." I shudder to remember the many times I was too preoccupied, too insensitive, too busy, too self absorbed to offer the simple kindness of a sympathetic ear, a cup of tea, a little emotional shelter. Recall, too, all the times you have been the kind-hearted innkeeper. Think of the times you were there, really there, for a child, a partner, a friend, even a stranger. Think of how precious those times were. When we allow the love that lives in our hearts to express itself, we are a blessing to those around us and a blessing to ourselves. One of the great blessings of life in our Unitarian Universalist congregations is that here we learn to give and receive posada. We are there for one another. Together, we spread the warmth of compassion. In this busy holiday time, the powerful religious lessons of Las Posadas transcend cultural boundaries. May we take time to see the need around us. May we open our hearts. May we give and receive shelter. Every act of kindness is offering a posada. May this be a time rich in blessings and filled with joy.

Rev. Peter Morales

The President's Corner

Sarah Reiling

Now that all the holiday excitement is behind us, it's time for some winter reflection.

I always enjoy this time of year; the peace after New Year's Day gives me time to think about what happened last year and to plan what I want to do in the coming year. I like to review what went well and what I need to improve.

One of the things the Board wants to improve is the way we fund the Minister's Discretionary Fund. In addition to the special offerings that occur throughout the year for the fund, there will soon be a way to contribute at other times of the year. The Minister's Discretionary Fund is the way we help church members and people from the wider community in times of emergency with immediate assistance. Keep watching and listening for an announcement about our new funding method. If you want to make a donation before that time, you can write a check to Community UU Church with Minister's Discretionary Fund in the memo line.

Thank you to everyone who donated baby items to the young woman pregnant with twins. She expressed her gratitude to all of us. I am always proud of the way Community Church gives aid to those in need without any strings attached.

Thank you also for your donations to Guest at Your Table. The UUSC is another organization that offers help where and when help is needed.

May your New Year be blessed and fruitful.

Peace and justice,

Sarah

January Friday Night Flicks are shown in founders hall starting at 7:00 pm.

January 14 - THE LAST STATION

An engaging look at Tolstoy's last years, *The Last Station* is a must see if only to watch Christopher Plummer and Helen Mirren chew up the scenery. Though you might not expect it, this is a dynamic film.

January 28 - AN EDUCATION

The Oscar-nominated performance by the radiant Carey Mulligan is reason enough to see this movie. However, it also features one of your editor's favorite actresses, Rosamund Pike, here playing against type (she's playing dumb, but she's actually an Oxford grad who speaks three languages, is a concert level cellist and appears to be one of the truly loveliest persons on the planet).

Elected Officers

President

Sarah Reiling (11)
president@communityuuchurch.org

President-Elect

Tom Reid (11)

Vice President Programs

Denise Dittmar (12)

Treasurer

Judith Boyle (11)

Secretary

Gail Battista (12)

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Dick Hildenbrand ('11)
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@communityuuchurch.org

Communications

Ian Rule (12)

Personnel

Sandy Farlow (12)

E-mail entire Board

board@CommunityUUChurch.org

Community UU Board of Trustees meetings are held the third Tuesday of each month at 7:00 p.m. in Founders Hall. Members, friends and visitors are always welcome.

North Texas Association of Unitarian Universalist Societies (NTAUUS)

CUUC Representatives

NTAUUS@communityuuchurch.org

Barbara Kostreva
Celeste Kennedy

Worship Programs

worship@

communityuuchurch.org

Joan Mortensen

Sunday Services

Elena Westbrook

Ushers Coordinator

Ian Rule

Interior Arts

Sandy Farlow

Caring Committee

Caring

@communityuuchurch.org

Cyn Blanco

Social Action News**Calendar**

Every Saturday in January – Community Garden cleanup; contact Deb Bliss for information

Saturday, January 15, 5:45 p.m. – Samaritan Inn: serve dinner to residents (sign up required)

Sunday, January 16 through Monday, January 31 – Sign up for Community Garden plots

Friday, January 28, 6:30 p.m. – Film: *9500 Liberty*, Annex Room F

UUA Common Read

Plan to purchase your copy of the UUA Common Read book selection in January: *The Death of Josseline: Immigration Stories from the Arizona-Mexico Borderlands* by Margaret Regan. Copies will be available (at a discount) following the Sunday services in January.

Many Good Deeds

Thanks to our Community Harvest Gardeners who donated over 300 pounds of fresh food to local charities in 2010! They plan to increase their giving by donating 50% of their harvest in 2011.

Thanks also to those who contributed baby items or cash in December for a local family: we were able to provide strollers, car seats, a crib, toys, and bottles. Several of our covenant groups also took on special projects in December, including providing toys for My Friend's House. We also had wonderful participation in Guest at Your Table and our toy drive for Children's Medical Center. Thanks to all for your generosity!

Why We Give

Do you ever wonder what motivates so many friends and members of our congregation to give so generously of their time, talent and treasure? Yes, it feels good to give but what makes it feel so good? Those of us responsible for stewardship believe that our many ministries and what they mean in our lives motivate our giving. As you contemplate the coming year, think about what you value about our church life and how our ministries enrich us all.

- Children's Religious Education
- Adult Religious Education
- Music
- Worship
- Social Action
- Pastoral Care

Have a happy, healthy and giving 2011.

The Stewardship Committee

Literary Ladies Book Club.

The January 11 meeting is dedicated to sharing poetry and summaries of short stories you've discovered in 2010. We will meet at 7:00 at the home of Nancy Barlow. Contact Nancy by Jan. 7 if you plan to attend.

This group meets the second Tuesday of each month and welcomes women members and friends of Community UU Church.

February's selection is ***The Lost City of Z: A Tale of Deadly Obsession in the Amazon*** (2009), a non-fiction book by American author David Grann. It tells the story of the legendary British explorer Percy Fawcett who, in 1925, disappeared with his son in the Amazon while looking for an ancient lost city. For decades, explorers and scientists have tried to find evidence of his party and the Lost City of Z. Perhaps as many as 100 people perished or disappeared searching for Fawcett over the years. Grann made his own journey into the Amazon, revealing new evidence about how Fawcett died and showing that Z may have really existed right under his feet. Wikipedia

Social Action Programs

UUsInAction@communityUUChurch.org

Community Harvest Garden

Samaritan Inn (Monthly dinner)

Plano Make a Difference Day

Plano Food Pantries

CROP Walk

MLK Celebration

Dallas Area Interfaith

Simple Living Chalice Circle

Meeting time and place – – The next meeting will be Saturday morning January 8, at 11:00, at Ona Tannehill's home.

Theme/topic – Learning together to live deliberately. We are currently reading Voices of Insight, edited by Sharon Salzberg.

Facilitator – Ona Tannehill. Email simpleliving@communityuuchurch.org.

Chalice Circle

Simple Living
simpleliving@communityuuchurch.org
Ona Tannehill

IN CASE OF INCLEMENT WEATHER

Information about cancellations will be displayed on the home page of the website. If you are cancelling an event for weather-related reasons, please e-mail webguru@communityuuchurch.org.

We are too small to be included in the broadcast bulletins of the major media. Some won't mention us at all while others will just put us on their website. So we've simplified it: our website will be the sole source of information about closings or cancellations

Religious Education**Director of
Religious Education**

Kathy Smith
dre@
CommunityUUChurch.org

**Religious Education
Board**

reboard@
CommunityUUChurch.org

Chairperson

Amy Dessert (11)

John Gallant

Anne Smith

Dawn Graham

Allison Taylor

Laura Eckert

**Young Religious
Unitarian Universalists**

yruu@
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Coordinator

Robin Coulonge

REACTIONS!!**Updates - Announcements - News
What's Going On For Children & Youth**

Kung Hei Fat Choy – Happy Chinese New Year! Celebrate Chinese New Year and deepen our connections with our partner congregation in Hong Kong as we worship together on Sunday, January 23. Children and families are encouraged to attend this multi-generational worship service co-led by guest minister the Rev. Pamela Wat, DRE Kathy Smith, and congregation members Jian Li and Anita van Ouwerkerk.

Grade 7-8 OWL Lock-in – Our 7th-and 8th-graders will have their first OWL Lock-in from 7 p.m. Friday, January 14 to noon on Saturday, January 15. The class will cover three lesson plans and equally important, will have an opportunity to bond and grow as a group!

Gulf Coast Rally Coming Up Quickly – 9th-12th graders are invited to participate in the Gulf Coast Rally on January 14-16, 2011 at First UU Church in Houston. The registration fee will be \$35 and there will be an additional cost of approximately \$20 for shared carpooling expenses. As of this writing (December 15), registration forms have NOT yet been posted on the SWUUC website. I have emailed registration forms directly to our registered families and they are due in my office NO LATER THAN JANUARY 2. The theme this year is “Come Together” – yes, a Beatles theme! – and the theme talk will be on Compassionate Communication. It should be a wonderful opportunity for members of our youth group to come together with other yoUUth from all over the District!

Grade 10-12 OWL Starts This Month! – We will hold our parent orientation session on Saturday, January 8 from 12:00 noon – 4:00 p.m. in Founders’ Hall. This orientation is mandatory for your child’s participation in OWL. Classes will begin on Sunday, January 23 and will run from 12 noon to 2 p.m. weekly through April. There will be a registration fee of \$40 to cover costs. I’m truly excited to be offering this program to CUUC this year. I believe that OWL is probably one of the most important classes that we UUs offer to our children and youth.

To quote the UUA, “Grounded in a holistic view of sexuality, *Our Whole Lives* not only provides facts about anatomy and human development, but also helps participants clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality.” Want to know more about OWL? Talk to me or go to <http://www.uua.org/religiouseducation/curricula/ourwhole/>.

Important Dates for Teachers

Teacher Dessert – Friday, January 7, 7-9 p.m. in Founders’ Hall. Bring your calendars to plan the spring semester. Your RE Board will provide coffee, tea, and luscious desserts as we work together to schedule the remainder of the RE year.

Teacher Appreciation Dinner – On Saturday evening, January 22, NATUUREs will host teachers and youth advisors from all the UU churches in the area at First Unitarian Church in Dallas for a gala appreciation event, featuring a delicious catered dinner from Cantina Laredo and guest speaker Rev. Aaron White. Childcare will be provided and spouses/partners are encouraged to attend with you as we DREs say “Thank you for everything you do!” We would LOVE to see every teacher and youth advisor there! RSVPs are due to DRE Kathy Smith no later than January 9. Please come!

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REactions!! (continued from page 6)

Where in the UU World is our DRE? My office hours are generally Wednesday and Thursday afternoons from 1:00-5:00 p.m. Mondays are my day of rest. Other hours are available by appointment – I can be reached at dre@communityuuchurch.org or by cell phone at 443-668-1336.

For more information about any Religious Education activities, please contact me at [dre@communityuuchurch](mailto:dre@communityuuchurch.org) or your RE Board at reboard@communityuuchurch.org.

In faith,

Kathy

DATES FOR YOUR CALENDAR

Sunday, January 2 – Regular RE programming resumes

Friday, January 7 – 7 p.m. Teacher Dessert Planning Party, Founders' Hall

Saturday, January 8 – 12 noon Mandatory Parent Orientation for 10-12 OWL

Friday, Jan. 14 to Saturday, Jan. 15 – 7-8 OWL Lock-in

Friday, January 14 to Sunday, January 16 – YRUU Gulf Coast Rally

Sunday, January 16 – Children's Chapel

Saturday, January 22 – Teacher Appreciation Dinner (First Dallas)

Sunday, January 23 – Multigenerational Service, Chinese New Year

Women's Alliance Murder Mystery Night at Dave and Buster's.

Find out whodunnit! Join us for dinner and a show at Dave and Buster's in Dallas on Jan 22, 2011. Mapquest it at 8021 Walnut Hill Lane, Dallas 75231. Food and entertainment begin at 8:00, but seating is 7:00-7:30. Menu choices include prime-rib, lemon-herb chicken, or a vegetarian entree, with coffee and tea. Cash bar available. Feel free to bring a significant other or "mystery" guest. Cost is \$36.95 plus tax and tip per person. **Let Barb Salvo know how many witnesses will attend and their dinner selections by January 10.** No weapons allowed on premises but wild accusations and suspect alibis welcome. If you are interested in car pooling, call Barb Salvo.

Fellowship Group

Bridge Group

bridge@communityuuchurch.org
Denise Dittmar

Circle Suppers

circlesuppers@communityuuchurch.org
Sandra Brackmann

Friday Flicks

flicks@communityuuchurch.org
Alice Mayo

First Friday Folksingers

folksingers@communityuuchurch.org
Charlie Battista

Friends and Family

friendsfamily@communityuuchurch.org
Laura Eckert

Outdoor Adventure

outdooradventure@communityuuchurch.org
Dick Hildenbrand

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**Vice President–
Programs**

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Religious Education

Amy Dessert (11)

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Anita Van Ouwkerk
(11)

Worship

Joan Mortensen (11)

Social Action

Nelah McComsey (12)

Fellowship

Alison Holland (12)

Adult Enrichment

Clifton Rule (12)

Adult Enrichment**Adult Education**

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Robert Jackson

Women's Alliance

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Michelle Neville

Community Harvest Past and Future

Community Harvest Gardeners did more than plant, tend, pick, prepare and eat healthy this year. They shared 300 pounds of fresh produce with God's Food Pantry, City House, Samaritan Inn, neighbors in need and local firefighters. Other successes celebrated at the November potluck picnic: families and children got involved in tending the gardens, we worked alongside six gardeners from the larger community, fresh flowers were cut for Sunday morning services, the variety and lush beauty of flowers and vegetables were eye-catching from the road and parking lot for many to enjoy! Bunching onions, cherry tomatoes, habanero and bell peppers, burpless cucumbers, eggplant, basil, parsley and Swiss chard thrived this summer. One gardener was thrilled with her first fresh roasted Brussel sprouts and was shocked that her teenage granddaughter and friends enjoyed them too.

We grew and changed in many ways this year: Six new plots were added. **Brandi Cooper and Heidi King** built the frames and the gardeners worked together to till, layer and fill the beds with healthy soil. **Mary Jennings, Shirley Houston and Diana Dawn** finished up our cookbook project and we cleared a healthy profit thanks to your support of our sale. **Jay Dowling** placed a memorial bench for **Darlene Smith** under the shade of a pecan tree. The **Stroberger family** built and installed a screech owl nesting box to help balance our vole population. **Chuck Laenger** planted prolific blackberry canes and a fig tree and his memorial allowed us to purchase two pear and two apple trees. We now have an orchard!

The bigger picture: nutritious food was grown with organic methods, soil was improved and conditioned to absorb rain and filter run-off, increased foliage served as air filters and habitat for beneficial insects, frogs and birds, new gardeners learned new skills and gained confidence. The garden was a hoppin', happenin' place this year!

Gardening together is a great way to get in touch with your family and help children understand the source of the food on their table. Gardening is therapeutic and healing. Focusing on the task at hand can be meditative. Working in community with experienced gardeners sharing wisdom, stories and recipes is a chance to develop skills and meet folks with similar interests and values.

If you are itching to join in the fun in 2011, sign up in January by contacting Deb Bliss for a contract. There are 26 plots so it is important to sign up soon. Returning gardeners will be renewing their contracts by January 15. The remaining plots will be open for adoption Jan. 16.

Memory Garden Bricks

We are adding another section to the Memory Garden Brick Path. The bricks can be engraved with up to three lines of 16 characters or three lines with 13 characters per line and a Chalice or other logo. Bricks are \$65.00 each. See Linda Frank for order forms or with questions.

Adult Religious Education

The Mission of the Adult Religious Education Program is to nurture and stimulate the religious and personal growth of the adult church community. We offer a varied and cohesive program within the context of the living Unitarian Universalist tradition and principles. We provide a range of classes with video and discussions. **These classes can be of interest to persons age 12 and up and are held on weekday evenings throughout the year.** Check our website for fliers and more information on the Adult Religious Education classes and instructors. www.CommunityUUChurch.org. All Classes Begin at 7 pm. Childcare is available.

JANUARY CLASSES (Our short, one-month “Winter Term.” The Spring Semester begins February 1.)

Monday

Meditation - Clifton Rule - Ongoing – at 7 pm - Resumes Jan. 3

Clifton says, "Vipassana means insight into the nature of reality. It is a way of self-transformation through self-observation and introspection. Vipassana meditation is often referred to simply as "insight meditation." This is the backbone of our studies in Meditation on Monday nights. We invite you, as a beginner or as a practiced meditator, to join us on our exploration. We view Buddhism not as a religion but rather as learning the process of meditation to reduce the suffering in our lives and in the world around us. We explore through readings, dharma talks, questions and answers, group discussions and meditation. Join us and explore this process as we all grow together." **Annex.**

Wednesday

Tracy Rosipal's Yoga (Course Fee - \$5 per class) - Ongoing – at 7 pm Resumes Jan. 5

Tracy says, "In general, my yoga style is Hatha, which incorporates physical postures that work the body and, in turn, work the mind. A typical hour class flows as follows: breathing and warm up, sun salutations, twisting poses, a series of standing flowing poses, balancing postures, seated postures, stretches, and final relaxation. Each class offers various components of physical fitness, such as building muscular strength, increasing muscular endurance, improving cardiovascular endurance, increasing flexibility, and improving body composition." Participant reviews are enthusiastic! **Founders hall.**

Thursday

Adventures in Religion -resumes Thursday, Jan. 13

Don Fielding continues his popular and provocative series on the history and philosophy of Religion. Adventures in Religion has been focusing on “Skeptics and Believers” this semester. The class views a video each session and discusses the video and associated ideas. **Annex.**

Committee on Ministry

Chet Smith
Chair (10)
Ona Tannehill
Bev Fleming

Nominating Committee

nomcom@communityuuchurch.org

Celeste Kennedy(11)
Dawn Graham (11)
Robert Jackson (12)

UU Website Links

**Community Unitarian
Universalist Church**
*CommunityUU-
Church.org*

**UUA—Unitarian
Universalist
Association**
www.uua.org

**UUSC—Unitarian
Universalist Service
Committee**
www.uusc.org

**SWUUC—Southwest
District**
www.swuuc.org

NTAUUS
www.ntauus.org

**Community Website
Links**

**Collin County
Interfaith**

*www.setonparish.org/
Outreach/pai.htm*

**Habitat for Humanity
South Collin County TX
(Habitat for Humanity
SCCTX)**

www.Habitat-scc.org

**Habitat ReStore of
SCCTX**

*www.restore.habitat-
scc.org*

Adult Religious Education (continued from page 9)**NEW CLASSES****Food for Life, an Inconvenient Science - led by John Gallant. One session, Thursday, Jan. 13**

John says, "There have been major nutritional science breakthroughs published within the last two years. This includes the latest results from the Department of Nutrition at Harvard University, and the China Study sponsored by Cornell and Oxford University. The latest science shows the importance of plant-based nutrition to combat cancer, diabetes, heart disease, and obesity, and to promote longevity. These results have appeared in various books and articles, the PBS series Food For Life, featuring Dr. Neil Barnard, and locally on NBC channel 5, among other places. The point of this talk is to provide a high level summary of the latest scientific evidence surrounding plant-based diets, and to provide pointers to the media and literature for those who wish to learn further. A handout listing various references will be provided, including pointers to medical programs in the Dallas area for cancer and diabetes nutritional information.

With new public health statistics showing, for example, that one third of children are headed toward obesity, and that diabetes is progressing from a rate of approximately one out of ten, to approximately one out of four, this is a vital topic. The current scientific information provides strategies to combat these trends, but is generally unknown in the larger public arena. For instance, current results contra-indicate crash diet and exercise regimens, such as the Biggest Loser, and contra-indicate most widely-publicized or prescribed high protein, low carbohydrate diets. If you want to learn what current science results reveal, or do not reveal, about diet, exercise, and disease, you are encouraged to attend." **If there is sufficient interest, video and cooking sessions may follow. Founders hall.**

Laws and Loopholes 2: 2010 IRS Regs Demystified by Dick Moren, H&R Block Tax Consultant – Thursday, January 27

The IRS works in strange ways and it's a brave soul who will venture into the wilderness of the 2010 tax forms without a GPS. At this very moment, Dick is being brought up to date on the latest perverse twists and turns of our Tax Laws. This is a session that just might save you a buck or two. **Library.**

Kathy Smith presents - Explore the Power of Myth through Play. Thursdays, Jan. 6, 13, 20 and 27

Adults seldom have the opportunity to play. Well, every Thursday night in January, it's your turn! We have adapted the Spirit Play model of learning for adults to include more complex imagery, intriguing activities, and provocative questions. Come play with storytelling, clay, painting, water play, shadows, journaling and other hands-on experiences to awaken your sense of wonder and free your inner child. What meaning do Noah's Ark, the Garden of Eden, the Exodus or the Tower of Babel have to you as a Unitarian Universalist? This class will use these four archetypal stories from the Jewish scriptures to challenge your understanding of myth, literal interpretation and universal truth.

Come explore the power of myth through play. Have fun, plumb your spiritual depths, connect with other adults in different ways, and did we mention have fun? Come to one class or all four. Childcare will be provided. Free. Led by Kathy Smith, DRE.

Finance Committee

Our financial position is improving. We expect this trend to continue as remaining funds are collected from the service auction. Thanks to everyone for supporting our church.

The financial information below is from our Profit and Loss Statement for November 2010.

Offering Income	Actual	Budgeted
Pledged Offering	\$17,698.32	\$17,298.75
Loose Offerings/Basket	832.50	1,537.33
New Pledges	<u>100.00</u>	<u>416.67</u>
Offerings Income	\$18,630.82	\$19,252.75

Income and Expense Report for November, 2010

	Income	YTD	10/11 BUDGET
Offering Income	\$18,630.82	\$109,633.62	\$231,032.96
Fund Raisers	6,929.34	11,777.09	18,950.00
Building Usage	2,472.25	11,200.75	24,000.00
Misc. Income	<u>1,250.00</u>	<u>8,930.00</u>	<u>34,100.00</u>
Total Income	\$29,282.41	\$141,541.46	\$308,082.96
	Expense		
Administration	\$ 3,002.69	\$19,650.94	\$ 41,505.92
Program/Worship	2,821.78	13,879.03	32,610.00
Religious Education	4,945.50	27,296.34	53,817.00
Facilities	6,343.89	36,425.28	77,292.00
Income generating exp.	1,700.00	1,978.14	2,300.00
Ministry	2,458.83	37,918.46	82,920.00
Denomination	1,449.00	7,699.75	17,638.00
Payroll Expenses	10.41	68.29	-0-
Total Expenses	\$22,732.10	\$144,916.23	\$308,082.92
Net Income/(Loss)	\$ 6,550.31	\$ (3,374.77)	

While Rev. Price is on Sabbatical contact the following people for any emergencies.

Pastoral Concerns contact Cyn Blanco, Caring Comm. Chair.

Urgent Pastoral Concerns contact Rev. Don Fielding, or Rev. Pamela Wat.

Finance

Finance Committee

finance@communityuuchurch.org

Judith Boyle - Chair

June Bruns

Clifton Rule

Gail Battista

Ty Hall

Stewardship Committee

\$\$@

communityuuchurch.org

June Bruns, Chair

Charlie Battista

Paul Gandy

Gay Grauke

Judith Boyle

Rebecca Timmons

Bill Daffinee

Investment Committee

investment@

communityuuchurch.org

Carol Wise ('10)

Grace Morrison ('11)

Nelah McComsey

Staff Office Hours

- Minister - *The Rev. Patrick Price*
Rev. Price is on Sabbatical
SEE PAGE 11

- Director of Religious Education - *Kathy Smith*
Wednesday and Thursday 1:00 - 5:00 PM, other times by appointment.

- Music Director - *Kelley Poché Rodriguez*

- Church Secretary - *Connie Meints* (Out of the office Jan. 4th and 5th.
[Church office closed on Monday]
Tuesday 9am - 3pm
Wednesday 9am - 2:30pm
Thursday 9am - 2:30pm
Friday 9am - Noon

Deadline for the February newsletter submissions: January 14, 2011.
Submit to newsletter@CommunityUUChurch.org.

WEBSITE
CommunityUUChurch.org

**CHURCH OFFICE
WILL BE CLOSED
JANUARY 18TH**

The Community News

The Community News is distributed to Members and Friends of this church. Visitors who complete a visitor card receive issues for three months. To continue receiving issues, sign the "Welcome Back" book on each visit. Others may subscribe for an annual donation of \$25.00.

The editor encourages and appreciates submissions and on-time submissions are especially delightful. The Community News is published once a month.

Email articles to
newsletter@
CommunityUUChurch.org

Please include your name on any news item submitted for The Community News.

Items may be edited for clarity and brevity.

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