

Clyde Grauke has been taking inner journeys involving interactive imagery since 1986. His “Introduction to Inner Journeys” class is designed to help participants successfully take their own inner journeys. The primary objective will be for them to grow and learn on the basis of their inner experiences. Participants will be provided with individualized assistance in exploring their own inner worlds, the opportunity for the sharing of their experiences with the other participants, and the opportunity to raise questions and receive assistance in areas where assistance is needed.

In addition to a link to his personal experiences that are available online in his on-going memoirs: [The Middle World Chronicles](#), an annotated Bibliography of relevant books will also be provided for reference. (There is no required reading).

Participants are strongly suggested to bring pen and paper for the journaling of their experiences during class and to continue this process between classes. Individualized homework suggestions will be made at the end of each class.

Those who would find this course of most benefit are those with views that allow for the existence of transcendent, non-material realities, and/or who would like to contact and dialogue with their inner guides, totem animals, gods, goddesses, spiritual essence, Higher Power, or Higher Self. However conceptualized, the objective and intent is for participants to get in touch with positive, higher, more subtle, intuitive elements available to them to achieve personal and spiritual growth.

This course is offered on the first and third Wednesday of each month beginning on September 1<sup>st</sup>. We will meet from 7 to 9 PM in Classroom G (in the Annex).