

Hello, Community UU family.

Every day during Chalica* we focus on one principle -our 6th principle today: *The goal of world community with peace, liberty, and justice for all*

Our Spirit Play children know this as the **Indigo** Principle. *Indigo is for insist on Justice*

The suggested chalice lighting for the day is:

*Out of the flames of fear
We rise with courage of our deepest convictions
to stand for justice, inclusion and peace
Out of the flames of scrutiny
We rise to proclaim our faith
With hope to heal a fractured and hurting world
Out of the flames of doubt
We rise to embrace the mystery, wonder and awe
of all there is and all that is yet to be
Out of the flames of hate
We rise with the force of love
Love that celebrates our shared humanity
Out of the flames we rise
--Sara Eileen LaWall*



The story is:

A Good Kind of Trouble--Lisa Moore Ramee

Expanded principle: *It's easy to be complacent about justice when we have come from such a long, hard battle. We are tired. The world is a bit calmer. It is focused on peace at this moment as the holiday season begins. This is just the time when in the shadows trouble brews. There is much left to be done. There will always be more. This is not to say, don't take a break. This isn't to say it's a sin to rest. Rest and rest well warriors. The fight is on our side and we are winning. We must just not forget we must get up again.*

Suggested dinner/meditation questions:

1. *How did you offer peace to someone around you today?*
2. *How did you interact with others in a peaceful manner?*
3. *How did you insist on justice for others?*
4. *How did you insist on justice for yourself?*
5. *How do you keep the negativity at bay for yourself?*
6. *Practice a guided meditation today*

Happy Chalica!

In faith, RE Board

*This week is Chalice - a holiday just for UUs that focuses on living our principles every day. It is set at the beginning of December to give us a chance to pause and reflect on how we get the greatest meaning in our days, something that is often lost in the busy-ness of this time of year. You can be as simple or as elaborate as you'd like with this UU holiday - there are no rules! You can light a chalice at dinner or bedtime and ask, simply, "how did you put this principle into practice today?" Or you can go all-out with colored candles for each day, using readings or stories, and creating a family ritual that starts with a breakfast reminder and ends with a family worship in the evening. It's totally up to you!