

Hello, Community UU family.

Every day during Chalica\* we focus on one principle -our 3rd principle today: *A free and responsible search for truth and meaning*

Our Spirit Play children know this as the **Yellow** Principle. *Yellow is for yearn to learn*

The suggested chalice lighting for the day is:

*We light our flaming chalice*

*To illuminate the world we seek.*

*In the search for truth, may we be just;*

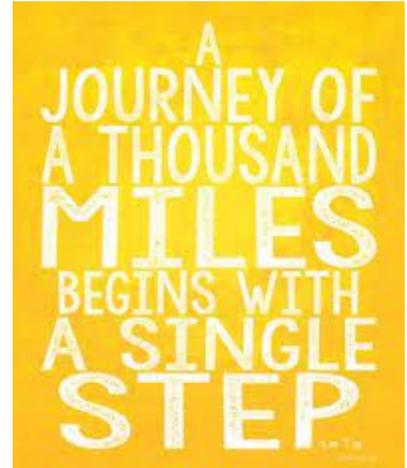
*In the search for justice, may we be loving;*

*And, in loving, may we find peace.*

*--Elizabeth M McMaster*

The story is:

“The Girl Who Never Makes Mistakes”



Expanded principle: *I find a fixed mindset almost everywhere I look it seems these days. People unwilling to learn or people who feel they have learned enough. Our Yellow principle guides us to be more than we are at this moment. I think that is a challenging notion for some, as it seems to state the current state of affairs and even they aren't good enough, but this couldn't be further from the truth. The ability to grow and get better shows a healthy appreciation for the moment but also the future, that the future can be even better than the current day and the wonderful current you can be even more wonderful. I think the other hindrance for some is fear. Fear of failure. This stops many of us from doing more or continuing to learn and pursue our passions. If I try, and fail, then that makes me a failure. I think a third issue stopping people from learning and growing is that growing is hard and its work, and we can get tired of always striving for the next better day or thing. This doesn't have to be the case however, growth doesn't have to be in leaps and bounds. It can start with a single step. We should learn from every encounter, and each lesson should grow us a little, putting us a little closer to the truth and meaning for our lives. We only have one life, so we should push for the most out of that life. We have to watch letting fear and arrogance and laziness rule our lives. We have to watch falling into the complacent idea of this is good enough and that being the end of it. Of course today is good enough, but tomorrow can always be better.*

Suggested dinner/meditation questions:

1. *Have you ever stopped learning or searching for the truth?*
2. *What stopped you from learning all you could today?*

3. *What is something you wish you could have learned and didn't? What stopped you?*
4. *How can you help someone else learn today?*
5. *What is your definition of truth?*
6. *This year what skill, subject, or spiritual truth do you want to dedicate to learning?*
7. *How is learning part of spirituality?*

Happy Chalice!

In faith, RE Board

\*This week is Chalice - a holiday just for UUs that focuses on living our principles every day. It is set at the beginning of December to give us a chance to pause and reflect on how we get the greatest meaning in our days, something that is often lost in the busy-ness of this time of year. You can be as simple or as elaborate as you'd like with this UU holiday - there are no rules! You can light a chalice at dinner or bedtime and ask, simply, "how did you put this principle into practice today?" Or you can go all-out with colored candles for each day, using readings or stories, and creating a family ritual that starts with a breakfast reminder and ends with a family worship in the evening. It's totally up to you!

You should receive an email blast each day of chalice with a link to a pre recorded reading of the story for the day and also a Facebook post. Feel free to use as much or as little of this as you would like.