

CHALICA DAY SIX

Every day during Chalica* we focus on one principle -our 6th principle:

The goal of world community with peace, liberty, and justice for all

Our Spirit Play children know this as the **Indigo** Principle. *Indigo is for insist on Justice*

The suggested chalice lighting for the day is:

Out of the flames of fear

We rise with courage of our deepest convictions

to stand for justice, inclusion and peace

Out of the flames of scrutiny

We rise to proclaim our faith

With hope to heal a fractured and hurting world

Out of the flames of doubt

We rise to embrace the mystery, wonder and of all there is and all that is yet to be

Out of the flames of hate

We rise with the force of love

Love that celebrates our shared humanity

Out of the flames we rise

--Sara Eileen LaWall



awe

The story is:

a story link Feathers and Fools

https://www.youtube.com/watch?v=nk_omG7-61I

Expanded principle: *We come into community with other UUs with respect, kindness, learning so we can create a just and peaceful world, full of equity for all. We do this through social action but we can keep this at heart everyday. We can offer kindness in the face of aggression, we can react with peace in the face of anger. We can work together to bring peace to ourselves and to everyone around us.*

Suggested dinner/meditation questions:

- 1. How did you offer peace to someone around you today?*
- 2. How did you interact with others in a peaceful manner?*
- 3. How did you insist on justice for others?*
- 4. How did you insist on justice for yourself?*
- 5. How do you keep the negativity at bay for yourself?*
- 6. Practice a guided meditation today*

Happy Chalica!